

# Innovative synbiotic supplement

with a proprietary blend of prebiotics, probiotics, magnesium, and select traditional herbs.



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# SYNBÍO**f y**

Dietary Supplement Blend of probiotics, prebiotics & herbs

40 Capsules - 10 Packets



# Synbiotics Formulations

# Synbiotics = Synergy of ProBIOTICS + PreBIOTICS

Formulated on the basis of cutting-edge science, SYNBÍOFY is the innovative synergy between prebiotics and probiotics.

Our new formulation is scientifically designed with all-natural herbal and fiber ingredients together with magnesium and more than 5 billion colony-forming units.

This combination of traditional herbs, soluble fibers, and probiotics, in conjunction with a healthy and balanced diet, could help you achieve whole body wellness.

## **Prebiotics**

Prebiotics are the fuel used by probiotics to multiply and develop in the intestine. Foods that contain dietary fiber are considered good sources.

### **Probiotics**

Probiotics are living microorganisms that, when consumed in adequate quantities, offer unique health benefits to the body.

Research has shown than various probiotic strains, such as Lactobacillus and bifidobacterial, could have a positive influence in numerous body functions.

### Magnesium gluconate

Magnesium Gluconate is a form of magnesium, that when consumed in sufficient levels, can contribute to various functions of the body, including proper intestinal motility and bowel movements.

# What are synbiotics?

Synbiotics are novel "functional foods" containing both prebiotics and probiotics, and which objective is to restore and/or maintain the good health of the gut microbiota (also known as intestinal flora). In a healthy organism, the gut microbiota (community of microorganisms that live in your intestines) is composed of about 100 billion microorganisms that live in perfect harmony to form a stable ecosystem. This balance can break from side effects of certain medicines (especially antibiotics), infections, poor diet, lifestyle, everyday life's stress, or illnesses.

# Benefits from synbiotics?

Through many scientific studies on probiotics, we find that these microorganisms are very beneficial to many aspects of our overall health; and when consumed together with prebiotics, adequate water, and a healthy diet we can obtain some of the following benefits:\*

### Supports cleansing and detox\*

The mixture of the two types of probiotics in conjunction with prebiotic fiber could help to filter and remove toxic compounds that accumulate in our intestines.

#### Supports liver function\*

The liver, which is the main organ in the body responsible for cleansing, depends on the health of the gut microbiota to neutralize and eliminate the greater number of toxins. By supporting the liver, synbiotics facilitate the work of removing unhealthy "debris".

#### Supports cognitive function\*

Probiotic bacteria can help maintain brain and memory function, as well as help control anxiety and depression, thanks to our body's gut-brain communication.

# Herbal formulation

SYNBÍOFY's proprietary herbal blend brings you unparalleled benefits obtained from the traditional herbs, with proven other anecdotal health benefits from their ancestral use in cultures around the world. Some of these herbs, when combined, create synergies to support the body in its cleansing and detox process while being friendly to the gut microbiota.

# Ingredients

## Herbal & Mineral

#### **Proprietary Blend**

- Bluegreen seaweed (AFA)
- Spirulina algae
- Shiitake Mushroom
- Moringa leaf (Horseradish Tree leaf)
- Chicory Leaf
- Peppermint leaf
- Celery stem and leaves
- Hibiscus flower (Jamaica)
- Sodium Copper Chlorophyllin
- Magnesium gluconate

# **Prebiotic Fiber**

#### **Proprietary Blend**

- Chicory Inulin FOS (root)
- Prickly pear cactus (nopal)
- Rice bran
- Oat Fiber
- Flax seed
- Crab Apple fiber
- Dehydrated Plum fruit
- Fennel seed
- Guar Gum Seed
- Micro-powdered Rice

#### Probiotic Proprietary Blend (5 billion CFU)

- Lactobacillus Acidophilus (LA-14) 4 billion CFU
- Bifidobacterium Longum (BI-05) 1 billion CFU

### Suggestions of Use:

Take 4 capsules per day, on an empty stomach or before going to bed with plenty of water. Recommended for consumption by those of age 12 or older.<sup>1</sup>

Do not exceed the recommended intake. It is suggested to drink at least 2 liters of water per day when taking SYNBÍOFY.

<sup>1</sup> According to your preference, you can take the product at any time that it is convenient for you.

\* It is suggested to follow a balanced diet rich in nutrients from fruits and vegetables, participate in physical exercise and hydrate properly for best results.

