Letric®

with Tingflower

Get back to life, get back to living

We at Truvy® understand that living an active lifestyle plays a key role in your overall health and wellness, but, let's be real, sometimes it can be a huge pain, literally and figuratively. After hitting the gym, riding a bike, or even going on a walk, lactic acid can build up and cause mild to severe muscle fatigue and soreness. Exercise-related discomfort can cause that terrible soreness that makes just walking around the next day feel impossible.

Get ready to face discomfort and get back to living. Letric® uses Truvy's, dual-acting system to displace that pesky discomfort: the capsule works inside your body; while the cream works on the outside. Letric® works hard for you, so you can get back to the life you love.

So what makes Letric® so great?

Whether we know it or not, we put our bodies through a lot, everyday. From daily home life to exercise, our bodies can get tired and stiff, which can lead to tension deep inside our muscles that is difficult to remedy.

Letric® capsules target cannabinoid receptors in your body to alleviate discomfort long-term when taken daily. The Letric® Capsule has the power to relieve discomfort, soothe everyday physiological stress, and help you feel great from the inside, out.*

Letric® Cream provides that tingling, cooling, warming and relaxing sensation that your muscles will thank you for later. When applied topically, you immediately feel the tingling and soothing action due to Letric® Cream's unique, natural ingredients–including the revolutionary Tingflower.

You don't say... What makes Letric® different from others on the market?

The benefits of Lectric® are two-fold. Not only does Lectric® work in capsule form, but we have also added Tingflower to our topical rub. This is our dual-acting system specifically designed to help alleviate discomfort. With a topical and internal option, combined with formulas that are unique to Truvy®, you'll find these products to be most effective and powerful when used together.



Cream

Ingredients: Water, Methyl Salicylate, Cinnamomum Camphora (Camphor) Bark Oil, Cetearyl Alcohol, Menthol, Fragrance, Stearic Acid, Zea Mays (Corn) Oil, Glyceryl Stearate, PEG-100 Stearate, Caprylic/Capric Triglyceride, Annona Cherimola Fruit Extract, Butylene Glycol, Eucalyptus Globulus Leaf Oil, Acmella Oleracea Extract, Mentha Arvensis (Cornmint) Oil, Ceteareth-20, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Gaultheria Procumbens (Wintergreen) Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Dimethicone, Mentha Piperita (Peppermint) Oil, Phenoxyethanol, Squalane, Caprylyl Glycol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Capsicum Frutescens Fruit Extract, Xanthan Gum, Ethylhexylglycerin, Hexylene Glycol, Polysorbate 60, Cananga Odorata (Ylang Ylang) Flower, Cinnamomum Camphora (Camphor Gum) Oil, Tetrasodium Glutamate Diacetate, Matricaria Chamomila (Chamomile) Flower Oil, Violet 2, Aloe Barbadensis Leaf Juice

Capsule

Supplement Facts

Serving Size 1 capsule
Servings Per Container 60

	Amount per Serving	%Daily Value
Proprietary Blend	500 mg	

Copaiba (*Copaifera spp.*) resin essential oil,Ting flower (*Acmella oleracea*) extract, palmitoylethanolamide, Baikal Skullcap (*Scutellaria baicalensis*) root extract.

*Daily Value not established.

Other Ingredients: Vegetarian capsule (hypromellose), flax seed oil, magnesium stearate, dicalcium phosphate, microcrystalline cellulose.

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Letric® Backstory

It all comes down to the Tingflower (**aka Electric Daisy**). While other companies have to jump through regulatory hoops to include CBD in their products, we've unlocked the power of one of the CBD receptors, CB2.

What is a CB2 receptor, you ask?

Well, "CB2" signifies cannabinoid receptors that are found throughout your body as part of your nervous and immune systems. This receptor is where CBD binds (with no psychotropic effects!) When working properly, these receptors relieve physiological stress and assist with your mood and sleep patterns.

Tingflower is a flowering herb within the Acmella Oleracea plant family that creates a considerable tingling–even electric–effect. Tingflower actually works with CB2 receptors and in some cultures, it is even referred to as the 'toothache plant' due to its gentle effects. Lectric® combines Tingflower extract with other powerful ingredients to make a product that truly works to soothe muscle discomfort from the inside and out.

Recommended Usage

Letric Capsules: Take one capsule with your morning and evening meals. Do not take more than 4 capsules per day.
Letric Cream: Massage onto muscles and joints as needed. Wash hands after applying.

Welcome to Letric®, the dual-acting system designed to get you back to life–to get you back to living.

Acmella Oleracea, Buzz Buttons, Electric Daisy, Eyeball Plant, Paracress, Sichuan Buttons, Toothache Plant, and the Tingflower.

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High Quality Palmitoylethanolamide (PEA)

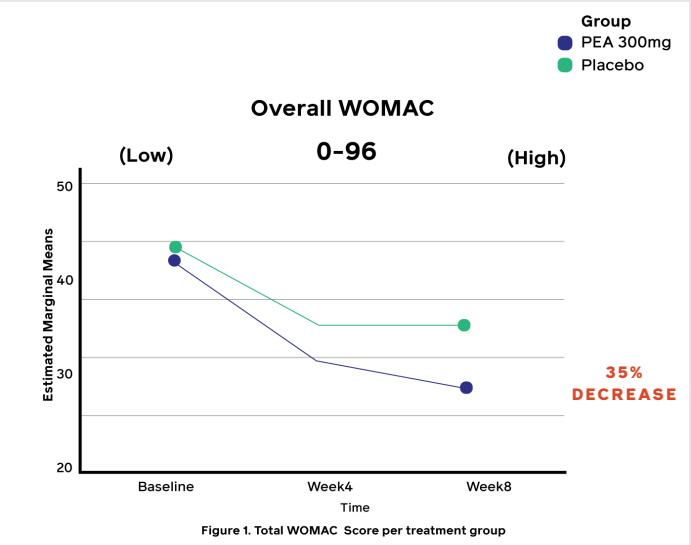


Figure 1. Total WOMAC Score per treatment group

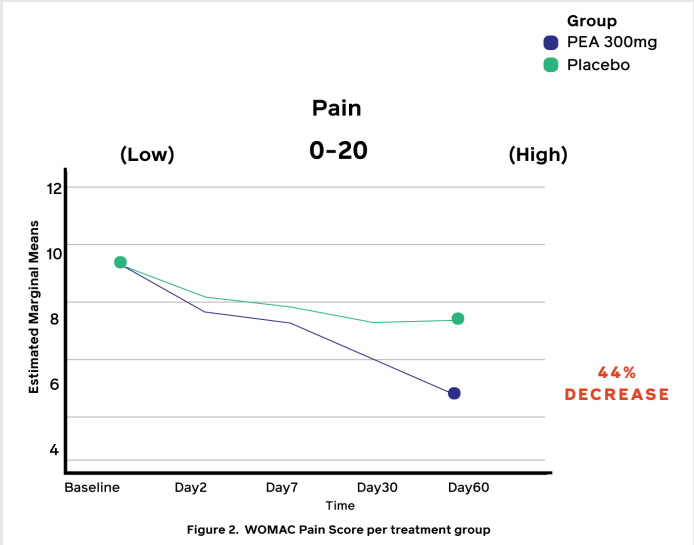


Figure 2. WOMAC Pain Score per treatment group

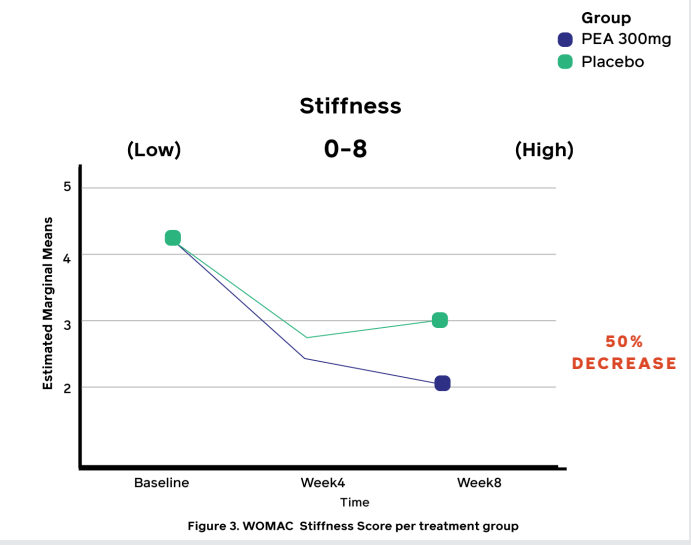


Figure 3. WOMAC Stiffness Score per treatment group

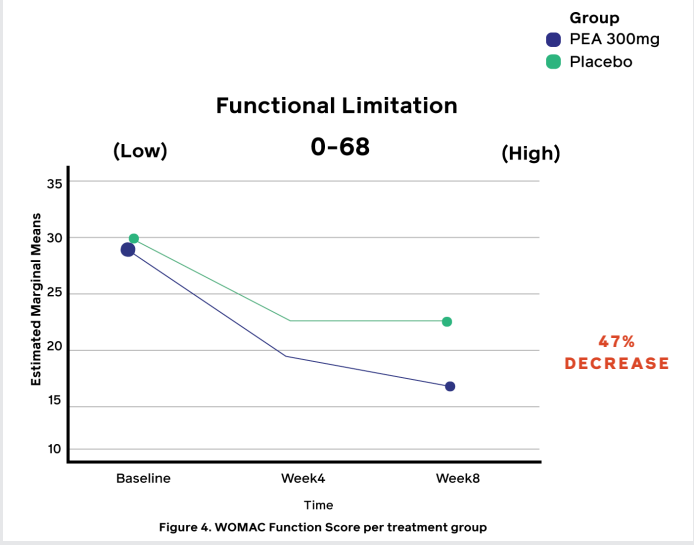


Figure 4. WOMAC Function Score per treatment group

WOMAC

Purpose: evaluate an individual's osteoarthritis. **Higher scores indicate worse pain, stiffness, and functional limitations.** The WOMAC measures five items for pain (score range 0–20), two for stiffness (score range 0–8), and 17 for functional limitation (score range 0–68).

STEELS E, VENKATESH R, STEELS E, VITETTA G, VITETTA L (2019) A DOUBLE-BLIND RANDOMIZED PLACEBO CONTROLLED STUDY ASSESSING SAFETY, TOLERABILITY AND EFFICACY OF PALMITOYLETHANOLAMIDE FOR SYMPTOMS OF KNEE OSTEOARTHRITIS. SPRINGER NATURE SWITZERLAND AG 2019.
HTTPS://DOI.ORG/10.1007/S10787-019-00582-9

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