



Q CORE

THE CORE OF GOOD NUTRITION

SHOW UP for you and yours with full body micronutrient support.*



Nature: Q CORE offers complete system support. This four product suite allows you to take control of your future with the all-in-one health assurance of Q CORE.*

Science: Efficient absorption and precise nutrient delivery from head to toe. Ingredients are ID and quality tested for identity, purity, and efficacy.*



Q MAX PREMIUM		
Supplement Facts		
Serving Size: 4 Capsules Servings Per Container: 30		
Amount Per Serving		%Daily Value*
Vitamin A (as Beta Carotene)	450 mcg	50%
Vitamin C (as Calcium Ascorbate)	180 mg	200%
Vitamin D3 (as Cholecalciferol)(1,600 IU)	40 mcg	200%
Vitamin E (as d-Alpha Tocopheryl)	60 mg	400%
Thiamin (as Thiamin HCl)	4.8 mg	400%
Riboflavin	3.9 mg	300%
Niacin (as Niacin and Niacinamide)	16 mg	100%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8.5 mg	500%
Folate (as L-5 Methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (Methylcobalamin)	180 mcg	7,500%
Biotin	240 mcg	800%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	200%
Iron (as Amino Acid Chelate)	2.67 mg	15%
Iodine	150 mcg	100%
Proprietary Mineral Nano Chelation Blend	1900 mg	**
Calcium (as Chelate), Magnesium (as Chelate), Phosphorus (as Chelate), Potassium (as Chelate), Zinc (as Chelate), Boron (as Chelate), Copper (as Chelate), Manganese (as Chelate), Selenium (as Chelate), Molybdenum (as Chelate), Vanadium (as Chelate), Chromium (as Chelate).		
Proprietary Optimization Blend:	995 mg	**
Choline Bitartrate, Moomiyo, Astragalus Root Extract, Citrus Bioflavonoids, DL-Phenylalanine, Inositol, Grape Seed Extract, Ginkgo Biloba Extract.		

FEATURES

- Fully methylated B Vitamins*
- Chelated Minerals*
- Essential Amino Acids*
- Optimized absorption for best results*

BENEFITS

- Supports whole-body health at a cellular level*
- Supports cognitive function and brain health*
- Increases energy production*
- Formulated for daily micronutrient delivery*

Suggested Use:

Equipped with AM and PM packs for precise and convenient nutrition. Take with food and water.

This product does not contain Dairy, Eggs, Tree Nuts, Peanuts, Wheat, or Soybeans. Please read carefully to ensure you are not allergic to any listed ingredients.

Other Ingredients: Vegetable Cellulose (Capsule), Rice Flour, Magnesium Stearate, and Silica.

Phenylketonurics: Contains Phenylalanine.

Caution: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep out of reach of children. In case of accidental overdose, call a doctor or poison control center. If you are pregnant, nursing or taking prescription medications, consult your health care provider prior to use.

Manufactured exclusively for Q Sciences
365 Garden Grove Lane, Suite 200 Pleasant Grove, UT 84062

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.

Additional product information on page 2



Get back to your basics!
qsciences.com
[/qcore](https://qcore)



Q BIOTICS TOTAL

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Proprietary Blend	68.5 mg (7 Billion Organisms)	**
LactoWise® (Probiotic: Bacillus Coagulans MTCC 5856, Prebiotic: Soluble Fenumannans), Opti-Biome® (Probiotic: Bacillus Subtilis MB40).		
Triphala Extract (Fruit) (Blend of Terminalia bellerica, Terminalia chebula & Emblica officinalis (1:1:1)), Chicory Root Fiber (Inulin), Aloe Vera (Leaf), and Slippery Elm (Bark).		

** Daily Value not established.

Other Ingredients: Rice Flour, Vegetable Capsules, Rice Flour Extract.

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Opti-Biome® is a registered trademark of BIO-CAT Microbials, LLC. LactoWise® is a registered trademark of Sabinsa Corporation.

FEATURES

- Bacillus Subtilis - May improve immunity and relief from UTI, IBS, and Diarrhea*
- Bacillus Coagulans - Supports relief from constipation, gas, bloating, IBS, and lactose intolerance symptoms*
- Exclusive Herbal Blend featuring 5 amazing ingredients*

BENEFITS

- Normalizes intestinal flora*
- Supports healthy immunity*
- Supports relief from digestive discomfort*
- Promotes nutrient absorption*

Q ALIGN

Supplement Facts

Serving Size: 4 Capsules Per Day
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Proprietary Blend	1,500 mg	**
Curcumin Extract (95%), Ginger Root Extract (4:1), Boswellia Serrata Extract (70%), Papain (Papaya Enzyme), Wood Betony Powder, Devil's Claw Extract (4:1), Bromelain (Pineapple Enzyme), BioPerine® (Black Pepper Extract).		

** Daily Value not established.

Other Ingredients: Vegetable Cellulose, Rice Flour Extract and Natural Silica.

Caution: Keep out of reach of children. If you are pregnant, nursing or taking prescription medications, consult your health care provider prior to use. In case of accidental overdose, call a doctor or poison control center.

Warning: Cancer and Reproductive Harm
www.p65warnings.ca.gov (For California residents only).

BIOPERINE® is a registered trademark of Sabinsa Corporation.

FEATURES

- Curcumin and Ginger Root - Historically known to reduce joint inflammation, blood sugar and cholesterol*
- Black Pepper - Known to maximize nutrient absorption and support overall health*
- Natural blend starring 8 legendary ingredients*
- Maximized nutrient absorption*

BENEFITS

- Supports healthy microcirculation*
- May provide a healthy inflammation response*
- Decrease soreness*
- Enhance cell recovery*

Q DIGEST

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary Enzyme Blend	450 mg	*
Breakdown Carbs & Sugar Glucoamylase, Alpha-Amylase A, Invertase		
Breakdown Protein Nuts & Beans Acid Stable Protease, Fungal Protease A, Alpha-Galactosidase S		
Breakdown Wheat & Fiber Cellulase, Hemicellulase, Xylanase		
Breakdown Fat & Dairy Lactase, Lipase		

* Daily Value not established.

Other Ingredients: Vegetable Cellulose.

Caution: If under medical care, nursing or pregnant, consult physician before use.

FEATURES

Our proprietary blend includes:

- Enzymes to breakdown carbs and sugar
- Enzymes to breakdown protein, nuts, and beans*
- Enzymes to breakdown wheat and fiber*
- Enzymes to breakdown fat and dairy*

BENEFITS

- Supports healthy digestion and regularity*
- Supports improved nutrient absorption*
- May ease digestion issues like bloating, gas, cramps, and indigestion*
- May decrease food sensitivities*