



LEMONGRASS

ESSENTIAL OIL

INTENDED BENEFITS:

- Tendon, Muscle & Joint Support
- Invigorating & Mood Uplifter
- Skin Care
- Digestive Aid
- Headache Relief
- Natural Deodorizer



Ingredients: 100% guaranteed pure Cymbopogon Flexuosus

USE SUGGESTIONS

When using topically, * dilution with a carrier oil is recommended.

- **TENDON, MUSCLE, & JOINT SUPPORT:**
Diluting with CS Muscadine Oil (carrier oil), and applying to skin may have anti-inflammatory effects to soothe muscles & joints.
- **INVIGORATING/ANTI-ANXIETY/STRESS RELIEF:**
Diffuse.
- **SKIN CARE:**
Adding to moisturizer may tone skin and improve complexion.
- **DIGESTIVE SUPPORT:**
Dilute with CS Muscadine Oil (carrier oil) and apply to abdomen or inhale aroma.
- **HEADACHE:**
Combine with CS Muscadine Oil (carrier oil) and apply to temples, forehead, neck, or shoulders.
- **NATURAL DEODORIZER:**
Diffuse or spray as an antimicrobial in rooms and on fabrics.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Individual results may vary.

**Always perform a patch test on the skin before application the first time.

