



LAVENDER ESSENTIAL OIL

INTENDED BENEFITS:

- Air Freshener & Room Deodorizer
- Relaxation, Aromatherapy, Stress Relief & Mood Enhancement
- Sleep Aid
- Headache & Migraine Relief
- Skin Care, Minor Burn, & Wound Care
- Insect Bite Neutralizer



Ingredients: 100% guaranteed pure
Lavandula Angustifolia (Officinalis)

USE SUGGESTIONS

When using topically, **begin by applying with a carrier oil and then apply neat if the body responds well and no sensitivities arise.

- **AIR FRESHENER/ROOM DEODORIZER:**
Diffuse or mix with water in spray bottle.
- **RELAXATION/CALM MOOD/UPLIFT EMOTIONS/STRESS AND ANXIETY RELIEF:**
Diffuse or add to personal inhaler. Apply directly to locations of tension or add to bath.
- **SLEEP:**
Diffuse or spray on pillow to promote clarity, calmness, and restful sleep.
- **HEADACHE AND MIGRAINE RELIEF:**
Inhaling aroma or combining with CS Muscadine Oil (carrier oil) and applying to temples, forehead, or neck may relieve tension & discomfort.
- **SKIN, WOUND, AND BURN CARE:**
Application may help reduce blemishes, soothe dry skin, help calm sensitivities, and promote healing.
- **INSECT BITES:**
Application to irritated area may soothe.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Individual results may vary.

**Always perform a patch test on the skin before application the first time.

