



## Supplement Facts

30 servings per container

Serving size 1 stick (3.5 grams)

Amount Per Serving  
**Calories** **5**

		% Daily Value*
<b>Total Fat</b>	0 g	0%
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	0 mg	0%
<b>Total Carbohydrate</b>	1 g	0%
Dietary Fiber	0 g	0%
Total Sugars	0 g	
Includes 0 g Added Sugars	0 g	0%
<b>Protein</b>	0 g	0%

**CS Bone Health Blend** 800 mg †  
 Glucosamine HCL, MSM  
 (Methylsulfonylmethane), Chondroitin  
 Sulfate, Fucoidan, Egg Shell Membrane

Calcium (calcium carbonate)	160 mg	12%
Vitamin D3 (cholecalciferol)	20 mcg	100%
Vitamin K2 (MK-7)	30 mcg	25%
Magnesium (magnesium carbonate)	80 mg	19%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value not established

**Other Ingredients:** Citric Acid, Natural Flavor, Beet Juice Powder, Sucralose



## Supplement Facts

30 servings per container

Serving size 1 stick (3.1 grams)

Amount Per Serving  
**Calories** **5**

		% Daily Value*
<b>Total Fat</b>	0 g	0%
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	0 mg	0%
<b>Total Carbohydrate</b>	1 g	0%
Dietary Fiber	0 g	0%
Total Sugars	0 g	
Includes 0 g Added Sugars	0 g	0%
<b>Protein</b>	0 g	0%

**CS Phytonutrient Superfood Blend** 700 mg †  
 Mangosteen (*garcinia mangostana*) Extract,  
 Cranberry (*vaccinium oxycoccos*) Extract,  
 Reishi Mushroom (*ganoderma lucidum*) Extract,  
 AcaiVida® Acai (*euterpe badiocarpa*),  
 Grape Seed (*vitis vinifera*) Extract,  
 Bilberry (*vaccinium myrtillus*) Extract

Vitamin C (as ascorbic acid) 45 mg 50%

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† Daily Value not established

**Other Ingredients:** Citric Acid, Natural Flavor, Beet Juice Powder, DL-Malic Acid, Sucralose, Fumaric Acid



# A HEALTHY BOOST FOR YOUR BODY



## CSBOOST AND CSFOUNDATION



## FUEL FOR YOUR DAY

A synergistic combination of nutrient dense super foods! Boost the immune system with anti-oxidants and simultaneously attack inflammation, so you are the navigator and not the passenger on your flight. Designed to fuel the body with the goodies it needs to operate at peak potential. Don't worry, we didn't leave taste buds out of the fun, it's refreshing and delightful! Only 5 calories and sugar-free!

## RED RASPBERRY

### INTENDED BENEFITS

- XANTHONES
- ANTI-INFLAMMATORY PROPERTIES
- POWERFUL ANTIOXIDANT
- RICH VITAMINS
- IMMUNE SYSTEM SUPPORT
- ANTIBACTERIAL PROPERTIES
- CARDIOVASCULAR SYSTEM SUPPORT
- PROMOTE ENERGY
- PROMOTE HEALTHY SKIN
- MANGOSTEEN HAS BEEN STUDIED EXTENSIVELY WORLDWIDE

## KIWI STRAWBERRY

### INTENDED BENEFITS

- SUPPORT MICROVASCULAR SYSTEM
- ANTI -INFLAMMATORY
- BONE AND JOINT HEALTH
- IMPROVE CIRCULATION
- CONTRIBUTE TO REPRODUCTIVE HEALTH
- SUPPORT HEALTHY SEXUAL FUNCTION
- SUPPORT OVERALL ENERGY
- FUCOIDAN HAS BEEN STUDIED EXTENSIVELY WORLDWIDE



## RECOVERY FOR YOUR MUSCLES

Whether your goal is to recover from a workout, support bone healing and health, or provide the body with the framework to fight off inflammation and pain, this product was created to be a best friend of recovery, rebuilding, and repairing. Don't let the taste fool you, there is no sugar, no artificial flavors, and it is power packed with rich nutrients.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.