



AVINI *Advantage*[™]

OCTOBER 2024 EDITION



AVINI HEALTH[®]
ADVANCES IN NATURAL HEALING

Message from
Neil Roth, CEO

"What does that Bucket consist of? You must grow your belief in these three things: the Products, the Company, and most of all, yourselves."

Your Bucket of Belief

As we plan for the last Avini Health Vision Tour in Boca Raton, and I reflect on all the ones we have completed, it has become clear that the overwhelming takeaway from these meetings are BELIEF!

As we strive for the Gift of a Better Life for ourselves and the people we know, we need to have a Bucket of Belief that is overflowing. That way, your belief will pour over to your product and business prospects, showing them your posture on our opportunity. What does that Bucket consist of? You must grow your belief in these three things: the Products, the Company, and most of all, yourselves.

It is true that you can build that belief through videos, zooms, online trainings, etc., but to build overflowing belief quickly, nothing accomplishes that better than in person meetings. We have scheduled the Avini Vision Tour to help with that and we have the Summit in March in Las Vegas (which will explode your belief!). Your local leaders need to plan and you can attend in-home meetings that will move you forward in your business and belief (they really are synonymous!).

The Boca Raton stop adds another opportunity that I guarantee will overflow your Bucket of Belief in the Company. If you come in a day early, you can go to Avinievents.com and sign up for tours of the Avini Health Manufacturing and packaging plant.

Don't miss these opportunities! We appreciate all you do to help spread the word on our Products and Business Opportunities.

Neil Roth



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Includes FREE shipping

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custom QR code
Includes FREE shipping





Michael Polak III,
VP of IT and Compliance

TECH & COMPLIANCE

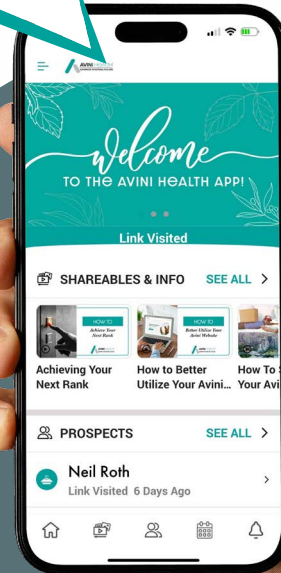
Did you know that the amount of text messages young adults receive during the day average to 87.7 text messages?

Studies have shown that text messaging has become one of the preferred methods of communication over talking to someone over the phone. Texting offers an instant and easy way to communicate without the need of staying on the phone for long periods of time. So communication has to be quick and more direct as the attention span is also limited. So how do we increase communication with our young adults?

Apps are the new way businesses across the world are communicating to young adults. Every restaurant, movie theater, and grocery stores have their own app! It's not by mistake as companies realize apps allow direct communication to the end user of the app. That brings me to: how do we at Avini Health reach our young adults?

Avini Health has created an app that allows you to text messages, videos, studies, testimonials, events, and much more. The app is completely free to our Distributors and allows all the information you share through the app to be tracked and allows you to follow up with prospects.

Download the Avini Advantage App at:
avinihealth.com/app



From my personal experience, I have seen much higher success in enrollments when Distributors use the app. In order to reach young adults, we need to communicate within their model and the Avini Health app allows you to do just that.

Share, share, and share. You never know who may be overhearing you, or watch a video that may change their life.



Michael Polak



AVINI HEALTH®
ADVANCES IN NATURAL HEALING



Rik J. Deitsch, MS Biochemistry
Chief Scientific Officer, Avini Health



Weight management meets convenience with TrimScience™ Packets!

Obesity levels have been rising globally. Many of us have found it harder and harder to maintain a healthy weight. The role of environmental chemicals in obesity has garnered increased attention in academic and policy spheres and was recently acknowledged by the Presidential Task Force on Childhood Obesity and the National Institutes of Health (NIH) Strategic Plan for Obesity Research. Published evidence has shown that diet and activity levels are not the only factors in the rise of obesity that has been seen in the last 100 years. Chemical 'obesogens' may alter human metabolism and predispose some people to weight gain. Fetal and early-life exposures to certain toxins and chemicals may fundamentally alter normal processes in the body that may change fat-cell makeup for life. Many toxins (including heavy metals and volatile organic compounds (VOCs)) become sequestered (trapped) in fatty tissues. It has recently been discovered that fat cells that are high in toxic compounds tend to be harder to break down. In other words, the more toxic you are – the harder it will be to burn fat and lose weight.

Avini Health is addressing this with TrimScience™, now available in travel packs!

While it is important to exercise and eat a healthful diet, it seems clear that to win the battle against obesity, eliminating our exposure and body burden of toxic obesogens must be our first step.

Avini Health is addressing this with TrimScience™, now available in travel packs!

The components of TrimScience™ aid in weight management by burning fat (thermogenesis), blocking carbohydrate absorption (alpha-amylase inhibition), preventing the creation of new fat (lipid biosynthesis), appetite suppression (satiety), and systemic detoxification. Other components make weight management easier by preventing the jitteriness usually experienced by coffee drinkers and aiding in mood enhancement to give users a feeling of well-being. All of these together make for a unique weight management and detoxification experience. These components include:

Guarana Seed Extract: a healthy source of natural caffeine that promotes energy, thermogenesis (fat burning), and focus.

Citrulline: a natural amino acid that aids in blood sugar utilization and promotes healthy circulation.

N-Acetyl-L-Carnitine: a natural amino acid that aids in the transport of fats into the mitochondria where they can be 'burned' for energy. The "Acetyl" form of L-Carnitine can cross the blood brain barrier and has been shown to improve cognitive function and focus.

Garcinia Cambogia: Garcinia Cambogia has been used in weight loss products for decades. It contains HCA (Hydroxycitric Acid) which prevents the body from creating new fat, thus acting as a 'fat blocker'.

Mucuna Pruriens Extract: a natural legume that is high in the neurotransmitter L-Dopa as well as trace amounts of serotonin. This has shown to clinically promote satiety and appetite suppression.

Green Tea Extract: a healthy source of caffeine for thermogenesis as well as powerful antioxidants (EGCG): Green tea extract has been clinically shown to aid in healthy weight management and heart health.

GABA: a neurotransmitter that blocks impulses between nerve cells in the brain. It helps to provide mental focus and reduces the 'jitteriness' normally created by weight loss products.

Phaseolamin: an extract from white kidney beans that blocks the function of alpha-amylase: an enzyme that normally breaks down carbohydrates in the digestive tract; thus acting as a 'carb blocker'. This reduces the caloric intake of carbohydrates as well as stabilizing blood sugar levels.

Ginseng Extract: a natural adaptogen that helps reduce stress, increase energy, and stabilize blood sugar levels.

Breviscopine Extract: a natural extract historically used to promote healthy circulation and mental focus.

Notoginseng Extract: a natural extract clinically found to manage fat burning (lipolysis) and fat production (adipogenesis) in the body; leading to reduced production and deposition of body fat.



Detoxolite: Avini's micronized and activated clinoptilolite zeolite to aid in the removal of toxins and heavy metals; thus potentially reducing obesogens to result in healthier weight loss.

Lion's Mane Mushroom: a mushroom that has been clinically proven to act as an antioxidant, anti-inflammatory, and to improve insulin sensitivity – leading to reduced blood sugar levels.

TrimScience™ provides about 125 mg of caffeine per dose. This is about the same as a strong cup of coffee. Keep that in mind if you decide to take the product more than once daily. You should also think about timing when using TrimScience™. The product will provide a boost of energy which may interrupt sleep cycles if you take it too late in the day.



TrimScience™ is what you need – for healthy weight loss, indeed – now available in travel packs.



Remember to Register for the Avini Health Vision Tour 2024



REGISTER TODAY!

NOVEMBER 9

BOCA RATON, FL



The Avini Health Vision Tour are regional events held throughout the country and offer an incredible opportunity for Distributors to learn more about our company and our revolutionary health and wellness products. Boca Raton will be our final stop!

Attendees have the unique chance to engage and network with like-minded professionals, creating lifelong connections that can assist you on your health and wellness journey, and as a Distributor.

The events also offer an exclusive opportunity to meet and hear directly from the Avini Health leadership team, gaining valuable insights into the company's vision and the passion driving its success.

Visit [Avinievents.com](https://avinievents.com) to register for the next regional event.

DISTRIBUTOR *Success*



ENROLLERS of October

- | | |
|---|---|
| 1. Tatyana Vlachos - Enrolled 6 | 10. Elisabeth Skogen - Enrolled 3 |
| 2. Deirdre Thornton - Enrolled 5 | 11. Jodi Bartels - Enrolled 3 |
| 3. Lisa Pezzella - Enrolled 5 | 12. Naraya Fox - Enrolled 3 |
| 4. End of the Road Mission - Enrolled 5 | 13. David Johnson - Enrolled 3 |
| 5. Kathy Cline - Enrolled 4 | 14. Theodore Russell - Enrolled 3 |
| 6. Buck Frisbee - Enrolled 4 | 15. Kari Roper - Enrolled 3 |
| 7. Rachel Stauber - Enrolled 3 | 16. Shelly Ruzgys - Enrolled 3 |
| 8. Sarah Hjelm - Enrolled 3 | 17. Martha and Hank Kenyon - Enrolled 3 |
| 9. Molly LaPorta - Enrolled 3 | 18. Boguslaw Pekal - Enrolled 3 |



DISTRIBUTOR *Success*



This is where we get to brag about YOU! Distributors are what make Avini Health possible and we want to celebrate each and every success with everyone.

Deirdre Thornton of Montana
EMERALD APPRENTICE



"I love Avini's products ability to help severe health issues as well as minor health issues. Avini helps us feel comfortable in our bodies, and is safe for young and old alike, and the most effective way I have found to detox the bodies organs and blood. In my view, the slight alkaline state the Cell Defender creates, helps every joint to feel better and helps combat skin issues."

Distributors who were promoted in Ruby



David Gilday, TN | **RUBY EXECUTIVE**

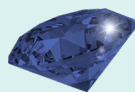


Path to Health LLP, ID | **RUBY EXECUTIVE**



Jalon Neff, TX | **RUBY APPRENTICE**





Distributors who were promoted in Sapphire

SAPPHIRE EXECUTIVE

Laura Morris, MT
Sherie Eubank, MT

SAPPHIRE DIRECTOR

Sharolyn & Ted Eckerson, CO
Josiah Neff, OR

SAPPHIRE APPRENTICE

Amanda Dingman, MT
Ruby & Tim Honan Qeren LLC, OR
Theodore Russell, MI
Kathy Cline, OR
Meagan Perkins, LA
Billi Lou George, CO



Distributors who were promoted in Gold

GOLD EXECUTIVE

Lisa Pezzella, FL
End of the Road Mission, NY
Ann-Marie Dixon, VT

GOLD DIRECTOR

Joyce Rhodes, TX
Rachel Stauber, NY

GOLD APPRENTICE

Buck Frisbee, CO
Rita Bartelson, MT





Distributors who were promoted in Silver

Shirley Wilds, IN – Silver Executive

Lisa Kaiser, FL – Silver Executive

George Sadd, NE – Silver Executive

Gail Zollo, AL – Silver Executive

Ruth Josephson, OR – Silver Executive

Lori Lubben, NE – Silver Executive

Carol Larson, AZ – Silver Executive

Ethel Harris, AZ – Silver Executive

Molly LaPorta, NC – Silver Executive

Stephanie Lundborg, MN – Silver Executive

Melinda Volger, CO – Silver Executive

Lisa Gibson, CA – Silver Executive

Donna Balczak, MI – Silver Executive

Johanna Padilla, CA – Silver Executive

Linette Berget, MN – Silver Executive

Katerina Teroerde, PA – Silver Director

Eunice Green, CA – Silver Director

David Henning, NC – Silver Director

Jenny Singhal, CA – Silver Director

Naraya Fox, OH – Silver Director

Anthony Phillips, CA – Silver Director

Mary Crawford, WI – Silver Director

Boguslaw Pekał, NY – Silver Director

Maureen Bandas, SK – Silver Director

Suraya Glenna, CA – Silver Director

Marisol Montilla, VA – Silver Apprentice

James Carroll, FL – Silver Apprentice

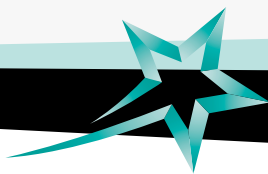
Jaclyn Layson, CA – Silver Apprentice

Kathy Moser, OR – Silver Apprentice

Wendy Wise, MT – Silver Apprentice

Jenia Willhite, CA – Silver Apprentice

Teresa Angeles, WA – Silver Apprentice



Message from
Douglas Dickey, VP of Sales

Congratulations to every Avini Health Customer and Distributor who made the wonderful decision to get involved with Avini Health. Amazing things happen when a decision is made. We are grateful that you are here, in whatever capacity you choose. Congrats to those who ranked up in September!



As VP of Sales, I spend much of my time helping Distributors spread the message about the daily exposure to heavy metals and other toxins that are disrupting our bodies' ability to heal. Many of these toxins are making us sick. The fact is, many people are unaware that their issues are linked to the bioaccumulation of small amounts of heavy metals and toxins from our environment, food, and water. The awareness we bring is the first step in introducing Avini's products to the millions who need to hear what they can do. We raise awareness about how prevalent toxins are in our food, air, and water supply, which illnesses they are linked to, and what can be done about it.

Our focus should be on communicating with everyone we know and love to share this message. Of course, not everyone will be open to what we share, and that's okay. We share anyway and let them decide what to do with the information they receive. This is where our job begins.

Start by downloading the Avini Advantage app to see how it can help you easily share. You can get it here: <https://www.avinihealth.com/app>. The app contains many introduction videos explaining the amazing product line. There are numerous testimonials that connect with viewers emotionally. It also contains documents and product information that answer questions, provide scientific support, and feature clinical studies. The app is easy to use and is great for getting the information out.

I host a Zoom call on the 2nd and 4th Tuesday of each month at 5 PM PST, where I introduce the Avini opportunity to new people and invite them to get involved. You can join at: [Zoom.US/j/9092761577](https://zoom.us/j/9092761577). I also assist with three-way calls and one-on-ones when needed. I travel all over the U.S. and Canada doing in-person meetings for distributors. If you want me to come to your area, let's start with a

Zoom presentation or two to introduce Avini to people in your area. Once the numbers grow to 20-30 people, or if you can gather 20-30 people in person, I will come and do a meeting for you. Those who hold meetings grow quickly and help many people. It's always more work in the beginning, but it's worth it.

Avini stands as a beacon of hope for those on their health journey through life. Millions of people are hurting and looking for Avini Health. Be the one to share the incredible product line we offer to help eliminate these toxins from our bodies. As Rik says, "A cleaner, healthier body fixes itself." Let your circle of influence know what Avini's mission is about. Use your enroller or someone upline to help you share with them. Let's all do our part to spread the word.

Thank you all for being the best part of Avini.



Sincerely Yours,
Douglas Dickey
Douglas Dickey
VP of Sales
Avini Health





thank you