



THE AVINI *Advantage*[™]

FEBRUARY 2024 EDITION



AVINI HEALTH[®]
ADVANCES IN NATURAL HEALING

**Message from
Neil Roth, CEO**



“We at Avini Health believe in the importance of taking these products and have set up our Avini Bundle and Avini Bundle Plus...”

Happy Valentine's Day

Prevention is the key!

I recently saw a t-shirt that said “I can’t believe I am the same age as all these old people.” Personally, I feel that way, and I know a lot of Distributors who feel the same.

Why do some of us age better than others? Inevitably, it is because those of us who feel like this, realized that we had to supplement our bodies with what they need to help prevent problems. In other words, we read, listened, and learned that there are safe, nutritional supplements that our bodies need, and many times, these supplements cannot be found in the food we eat. Or a supplement like our Cell Defender which helps rid our bodies of dangerous

toxins and heavy metals as our bodies cannot keep up with everything in the food, water, and air! Or special fibers that can help with cholesterol and managing sugar levels while giving the body the soluble fiber it needs to work effectively. Or natural pain and inflammation solutions. Need I go on?

First and foremost, Avini Health was created because of the amazing supplements that Rik Deitsch has designed to help our bodies – both to regain health and to stay healthy. We at Avini Health believe in the importance of taking these products and have set up our Avini Bundle and Avini Bundle Plus to deliver these key products to our Distributors and Retail Customers at a discount, so they

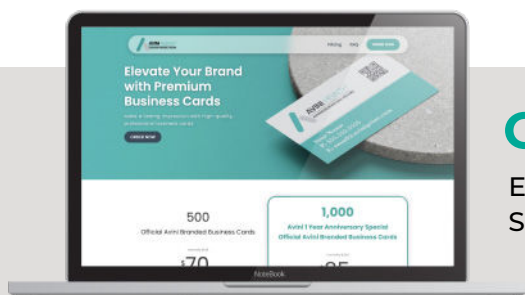
are more affordable for everyone. In addition, we added 20% Reward Points to the Autoship system so that it can reduce the everyday cost of taking our products by over 30% when done simultaneously.

On average, over 70-80% of the money we will spend on medical needs will be spent in the last three months of our lives. So, if we spend some of that money up front, what do you think the odds are that they wouldn’t be the last three months of our lives?

Please look forward to wearing one of the t-shirts I described above by stepping up and taking the supplements you need today!

Have a Happy Valentine's Day!

Neil Roth



\$70 for 500
Full color cards with
custom QR code
Includes FREE shipping

\$85 for 1000
Full color cards with
custom QR code
Includes FREE shipping

Order your business cards today!

Elevate your brand with premium business cards!
Scan the QR code and visit us online to order yours!





TrimScience Bundle: Dealing with Toxic Obesity



Rik J. Deitsch, MS Biochemistry
Chief Scientific Officer, Avini Health



Obesity levels have been rising globally. Many of us have found it harder and harder to maintain a healthy weight. The role of environmental chemicals in obesity has garnered increased attention in academic and policy spheres and was recently acknowledged by the Presidential Task Force on Childhood Obesity and the National Institutes of Health (NIH) Strategic Plan for Obesity Research. Published evidence has shown that diet and activity levels are not the only factors in the rise of obesity that has been seen in the last 100 years. Chemical 'obesogens' may alter human metabolism and predispose some people to weight gain. Fetal and early-life exposures to certain toxins and chemicals may fundamentally alter normal processes in

the body that may change fat-cell makeup for life. Many toxins (including heavy metals and volatile organic compounds (VOCs)) become sequestered (trapped) in fatty tissues. It has recently been discovered that fat cells that are high in toxic compounds tend to be harder to break down. In other words, the more toxic you are – the harder it will be to burn fat and lose weight.

While it is important to exercise and eat a healthful diet, it seems clear that to win the battle against obesity, eliminating our exposure and body burden of toxic obesogens must be our first step.



Avini Health is addressing this with the TrimScience Bundle. This includes the Cell Defender, the Plus Fiber, and the TrimScience product of your choice (Coffee, Chocolate, Matcha Tea, or Lemonade).

It all starts with detoxification through the use of the Cell Defender. As the zeolite reduces your body burden, toxins will naturally start to come out of fat storage. This makes all metabolic processes work better; but it also allows the fat to become more labile (easier to burn). Additionally, the Plus Fiber, taken before meals, will create a gel fiber matrix in your stomach that gives you a 'full' feeling. This allows you to choose to eat less in further aid of weight management. The Plus Fiber is also clinically proven to: reduce LDL cholesterol, raise HDL cholesterol, help balance blood sugar levels, reduce HbA1c, lower triglycerides, reduce apoB, and improve digestive motility.

The components of TrimScience aid in weight management by burning fat (thermogenesis), blocking carbohydrate absorption (alpha-amylase inhibition), preventing the creation of new fat (lipid biosynthesis), appetite suppression (satiety), and systemic detoxification. Other components make weight management easier by preventing the jitteriness usually experienced by coffee drinkers and aiding in mood enhancement to give users a

feeling of well-being. All of these together make for a unique weight management and detoxification experience. These components include:

Guarana Seed Extract: a healthy source of natural caffeine that promotes energy, thermogenesis (fat burning), and focus.

Citrulline: a natural amino acid that aids in blood sugar utilization and promotes healthy circulation.

N-Acetyl-L-Carnitine: a natural amino acid that aids in the transport of fats into the mitochondria where they can be 'burned' for energy. The "Acetyl" form of L-Carnitine can cross the blood brain barrier and has been shown to improve cognitive function and focus.

Garcinia Cambogia: Garcinia Cambogia has been used in weight loss products for decades. It contains HCA (Hydroxycitric Acid) which prevents the body from creating new fat, thus acting as a 'fat blocker'.

Mucuna Pruriens Extract: a natural legume that is high in the neurotransmitter L-Dopa as well as trace amounts of serotonin. This has shown to clinically promote satiety and appetite suppression.

Green Tea Extract: a healthy source of caffeine for thermogenesis as well as powerful antioxidants (ECGC). Green tea extract has been clinically shown to aid in healthy weight management and heart health.



GABA: a neurotransmitter that blocks impulses between nerve cells in the brain. It helps to provide mental focus and reduces the 'jitteriness' normally created by weight loss products.

Phaseolamin: an extract from white kidney beans that blocks the function of alpha-amylase: an enzyme that normally breaks down carbohydrates in the digestive tract; thus acting as a 'carb blocker'. This reduces the caloric intake of carbohydrates as well as stabilizing blood sugar levels.

Ginseng Extract: a natural adaptogen that helps reduce stress, increase energy, and stabilize blood sugar levels.

Breviscapine Extract: a natural extract historically used to promote healthy circulation and mental focus.

Notoginseng Extract: a natural extract clinically found to manage fat burning (lipolysis) and fat production (adipogenesis) in the body; leading to reduced production and deposition of body fat.

Detoxolite: Avini's micronized and activated clinoptilolite zeolite to aid in the removal of toxins and heavy metals; thus potentially reducing obesogens to result in healthier weight loss.

Lion's Mane Mushroom: a mushroom that has been clinically proven to act as an antioxidant, anti-inflammatory, and to improve insulin sensitivity – leading to reduced blood sugar levels.



The TrimScience provides about 125 mg of caffeine per dose. This is about the same as a strong cup of coffee. Keep that in mind if you decide to take the product more than once daily. You should also think about timing when using the TrimScience. The product will provide a boost of energy which may interrupt sleep cycles if you take it too late in the day.

The Cell Defender cleans out the toxins and readies your body for weight loss; the Plus Fiber balances sugars and lipids while promoting gut health; and the TrimScience helps manage diet while blocking carbs, burning fat, reducing appetite, blockings fat production, and improving overall metabolic health. These three products work in tandem to allow for healthy, consistent weight management.

The TrimScience bundle is what you need – for healthy weight loss, indeed!



Remember to Register for the National Summit in Las Vegas, NV



Are you ready to rock
and roll in Las Vegas?
We sure are!

DATE:

FRIDAY, APRIL 26TH-
SATURDAY, APRIL 27TH

PLACE:

HORSESHOE LAS VEGAS



We're thrilled to announce that the Avini Health National Summit is coming to the Horseshoe Las Vegas, on April 26th and April 27th and you won't want to miss it.

Join us for two days of education, motivation and inspiration to take your business and health to new heights. This year's Summit is going to be extra special as we've secured the Horseshoe Las Vegas! It's the perfect backdrop for our event, as we gather to connect, learn, and grow together.

You'll have the opportunity to meet and network with Avini Health leaders and other professionals who share your passions and vision. Learn from the best in the industry, gain insights, and build relationships that will last a lifetime.

Don't wait – get your tickets now for the Avini Health National Spring Summit at the Horseshoe Las Vegas. We can't wait to see you there. Get ready to rock and roll!



Scan QR code to register.

DISTRIBUTOR *Success*



ENROLLERS of February

1. Dr. Michael Vincent - Enrolled 10
2. Cindi Farah - Enrolled 8
3. Essential Thermography - Enrolled 6
4. Ammie Bowman - Enrolled 6
5. Samantha Notari - Enrolled 6
6. Suzanne Roth Paul - Enrolled 6
7. Lauri Brown - Enrolled 6
8. David Johnson - Enrolled 6
9. Bella Giuliano - Enrolled 5
10. Jonathan J Christal - Enrolled 5
11. Donna Bach - Enrolled 5
12. Kerry Gleich - Enrolled 5

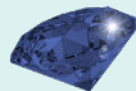
Distributor who was promoted in Ruby



Steve Koochin, CA | RUBY DIRECTOR



"As a health practitioner, I love hearing the miracles that are happening with the Avini products. Every day I go and listen to the daily conference calls on www.avinihealthtraining.com and they are amazing, absolutely amazing! We are helping people and saving lives!"



Distributors who were promoted in Sapphire

SAPPHIRE EXECUTIVE

Diana Doucet, ID
Jalon Neff, TX
Lisa Brandon, CA
Joy of Living, Inc., CA
Cindy Phillips, CA
Path to Health, LLP, ID
Enrique Olazabal, TX
Crystal Miller, CA

SAPPHIRE DIRECTOR

Kelli Callihan, ID

SAPPHIRE APPRENTICE

Caleb Christal, WA
Dr. Michael Vincent, MI
Cameron Conley, CA
Samantha Notari, BC
Susan Maosi, ID





Distributors who were promoted in Gold

GOLD EXECUTIVE

Sarah Amatuccio, CA
Deborah Russell-Swiridoff, GA
Eric Gerson, MD
Tamara Hanscom, CA

GOLD DIRECTOR

Steve Funk, CA
Linda Turman, CA
Ray Lueck, WI
Cindi Farah, ORr
Mary Maurer, AZ
Amanda Dingman, MT
Kerry Gleich, OH

GOLD APPRENTICE

Bella Giuliano, LA
Mandy Szczecinski, SK
Melisa McFie de Lua, OR
Vicki Stappenbeck, CA



Distributors who were promoted in Silver

Tanya Stout, MT – Silver Executive
Jessica Watson, AL – Silver Executive
Jonathan J. Christal, CA – Silver Executive
Carson Creed, OK – Silver Executive
Dwight Rice, AL – Silver Executive
Shanna Mora, HI – Silver Executive
Kaye Lynn Peterson, CA – Silver Executive
Jennifer Palmer, MD – Silver Executive
Charles Stidd, UT – Silver Executive
Essential Thermography, CA – Silver Executive
Amy Janousek, AK – Silver Executive
Laurie Lloyd, SK – Silver Executive
Suzanne Roth Paul, CA – Silver Executive
Nanci Stahlman, CA – Silver Executive
Michelle Levesque, OR – Silver Executive

Becky Robertson, VA – Silver Executive
Rick Sible, MI – Silver Executive
Fern Szczecinski, SK – Silver Director
Cindy Collins, LA – Silver Director
Roxana Williams, FL – Silver Director
Lynsey Mansfield, KY – Silver Director
Kathleen Backlund, OR – Silver Apprentice
Vivian Danzer, CA – Silver Apprentice
Lezley Shepherd, AZ – Silver Apprentice
Katherine Becker, ID – Silver Apprentice
Linda Woods, FL – Silver Apprentice
Lana Ross, CO – Silver Apprentice
Leinaala White, CA – Silver Apprentice
Kevin Wright, CA – Silver Apprentice



Message from
Douglas Dickey, VP of Sales

Welcome New Avini Distributors and Customers,

We are delighted to have so many new people using our products. I am constantly amazed at the results people see when using our products. The Cell Defender made such a difference in my life; it gave me a second chance. We have seen so many incredible results from using Avini products. It's amazing what your body can do when the toxins are removed.

We really have something special, and there are so many out there that have no knowledge of the connection between toxins and poor health. They are waiting for you to tell them about it and offer them a second chance at life. Perhaps once you introduce them to the benefits of Avini, they will try the products out and see for themselves.

Take the extra moment and let others know what you know. Let them know about Avini, how you found us, your experience, and why you are here. There is nothing lost by sharing with someone your journey and experience, and possibly everything gained. Plant the seed of information so it can grow and so others are able to decide if they would like to join. Continue to share your Avini experience as an Independent Distributor wherever and whenever you can. Let those on your social media know you're involved with Avini as an Independent Distributor and they may ask you about what you're doing. Friends may be led to you. Your being here is a beautiful start. Let's share with those we know and love, and make a difference in the world.

Thanks for being the best part of Avini,

Douglas Dickey

Douglas Dickey
VP of Sales





thank you